



POWERED BY



THE PROGRAMME FACT SHEET

Now you know what NCS is all about, you will want more detail about the programme. We understand how vital it is for you to understand what will be happening and when. No doubt you'd like to know a little more about us, your local NCS delivery partner too!

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Hello I am Linda Gregory, Chief Executive of the UFA, and I'd like to tell you a bit more about us...

UFA is a national education charity. Established in 1996, UFA are based in Birmingham and we work across England and Wales to create inspiring learning for all.

The UFA network **unlocks the potential** of young people. **We raise aspirations** across schools, homes and communities by creating transformational learning experiences. **We inspire** and equip young people and the adults that support them to become confident individuals, successful learners and responsible leaders.

We have 3 years of NCS delivery experience across 6 diverse regions of the country and we'd like to challenge you to say **YES** to NCS!

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PROGRAMME INFORMATION

INDUCTION

First, tell us you're interested and our experienced team will call you within two days. They will go through the application form over the phone. Parents or guardians will need to give verbal consent for you to attend over the phone and make payment either online or by cheque unless you are eligible for a bursary. Once you've said YES, signed up and paid, you'll receive your welcome pack, receive an invitation to attend a Q&A session with your parents and be introduced to your team leader as the Programme start date approaches.

AWAY RESIDENTIAL

Young people will participate in a five day, four night residential experience which combines energy, fun and learning through a fantastic range of exhilarating adventure activities. Once settled at the centre, with accommodation allocated and the site explored, young people will begin their experience by taking part in the first of many challenging activities. Young people will take part in activities and be in situations that they have never encountered before. They will have the opportunity to explore their personal strengths, how they relate to others, consider 'what I can achieve on my own?' and 'what can I achieve when I work with others?'

COMMUNITY PLANNING & SKILLS BUILDING

Young people will follow the away from home residential with a local residential, ideally in a university or college campus environment. They are challenged to develop ideas and concrete plans for their Social Action Project and to present their project and its outcomes at graduation.

The experience will focus more on the young people as individuals, what their strengths are, what talents and skills they can use to make a difference in their community. They will have more responsibility and independence during these days; they are actively encouraged to take the lead whenever they can. They will develop their teamwork, planning and presenting skills.

PLANNING & DELIVERING THE COMMUNITY PROJECT

Young people will first meet for a minimum of 6 hours, based in a local community setting giving them the opportunity to undertake market research in the local area about the needs of the community. The timetable allows time for action planning and research and further opportunities for guided reflection. They will refine their ideas and produce an action plan during this week that will help them towards the delivery of their Social Action Project. They will draw on the skills and strengths they have developed and improved during the previous phases to work effectively as a team. This is also a time for groups to plan what dates and times are suitable for them to deliver their 30 hours of community action together.

GRADUATION

Young People will celebrate their team's achievements at this special graduation ceremony. This is their chance to get together with everyone involved for a graduation celebration and parents are invited too! They celebrate their achievements with teachers and other local dignitaries, alongside the press and other invited guests and pick up their certificate signed by the Prime Minister.

THE FUTURE

The end of the programme doesn't have to be the end of the NCS experience. NCS participants can become part of a network of NCS graduates. They will have access to unique opportunities, to stay involved, such as volunteering, or becoming an ambassador, youth board member or mentor, and sharing experiences with the NCS graduates of the future. Or simply just refer a friend to future NCS programmes, so they can have the experience of their lives too!