



WHAT WE AIM TO ACHIEVE

- Encourage personal development through practical participation and performance in a range of sports and exercise activities.
- Give learners a wider understanding and appreciation of health-related fitness, sports and exercise through specialist units.
- Provide a qualification that builds on learning from Key Stage 3 for those who may wish to explore a vocational route within Physical Education throughout Key Stage 4.

COURSE OUTLINE

The Edexcel BTEC Level 2 First Award in Sport includes an externally assessed unit in Fitness for Sport and Exercise. Further units of study are internally assessed and include: Practical Sports Performance, The Mind and Sports Performance, The Performer in Action and Leading Sports Activities.

HOW WILL I BE ASSESSED?

The assessment approach for the internally assessed units enable learners to receive informal feedback on their progress throughout the course as they provide evidence in the form of course work, towards meeting the unit assessment criteria. Unit 1—Fitness for Sport and Exercise is assessed via an 'Onscreen Exam' sat at the end of Year 10.

WHAT SKILLS DO I NEED?

To be a successful candidate within PE/Sport BTEC Level 2 you will need to have good organisational skills and a commitment to meet deadlines. You will need to have enthusiasm and have good practical ability in sport. Written assignments will need to be of good quality and you will need to be able to work independently or within group situations. You will also need to ensure that you are reliable in terms of bringing your PE kit to practical lessons.